

Offensive Playbook

Passing Game: Rub (90 Series)

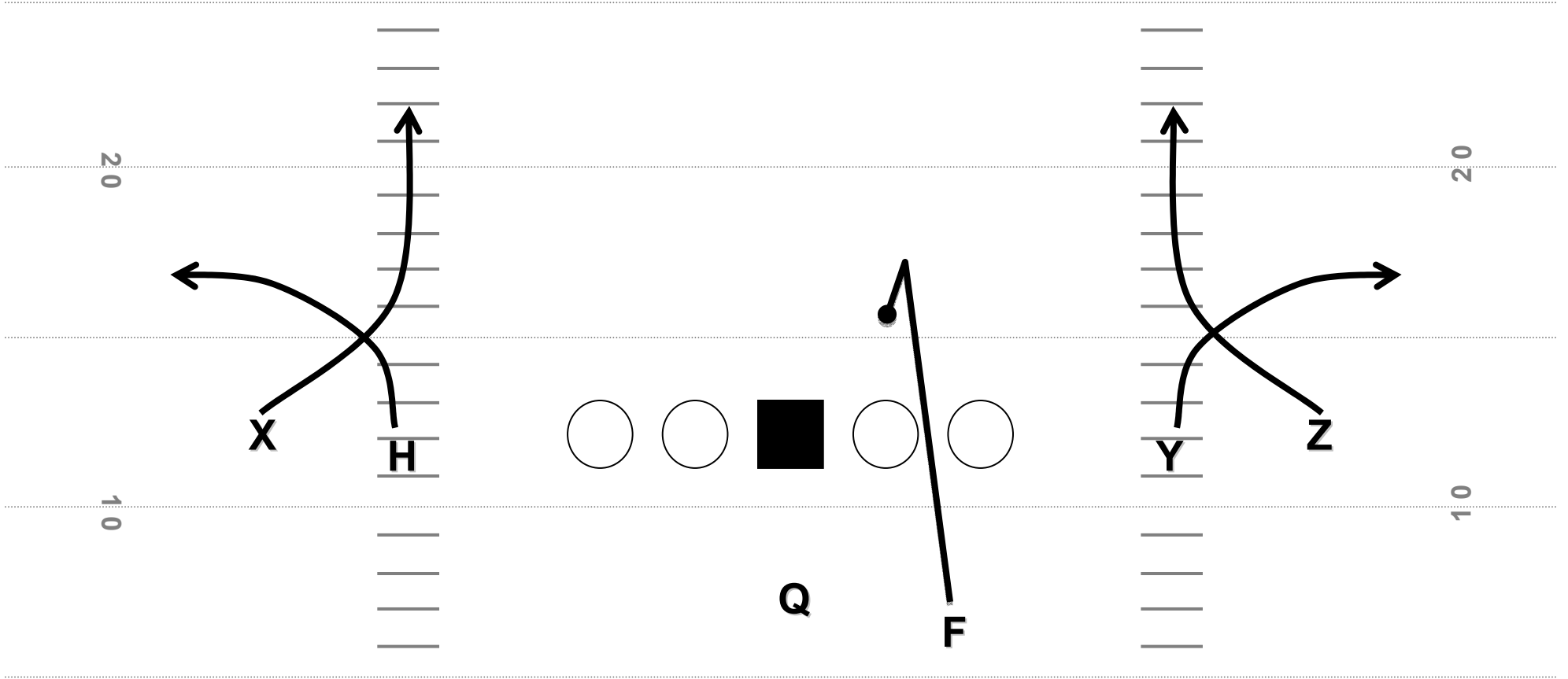


Rub

Pick play for goal-line and short-yardage situations.

| Position | Base Rules |
|----------|---|
| OSR | <ul style="list-style-type: none">▪ Line up 5 yards from ISR.▪ Take CB inside on Slant look while picking/rubbing the hole defender to free up ISR, then Seam route straight downfield. |
| ISR | <ul style="list-style-type: none">▪ Slow release off the LOS to set up the pick, then come right off the heels of the OSR 5 or 6 yards deep into the flat.▪ In Trips: #3 WR runs the Out. #2 runs a Win. |
| F | <ul style="list-style-type: none">▪ Checkdown receiver. |
| QB | <ul style="list-style-type: none">▪ 90-Series (quick) pass. Catch and throw.▪ Let the pick/rub happen, then hit the Out route. If it's not there, hit the seam.▪ Read Progression: Out – Seam – Checkdown. Choose a side pre-snap based on best leverage.▪ In Trips:<ul style="list-style-type: none">- Pre-Snap: Read the isolated WR (gift if poorly covered).- Post-Snap: Out – Win – Checkdown. |

Ace 91 Rub



Jag 91 Rub

