

Offensive Playbook

Run Game: 0/1, 2/3 Trap



Run Game Organization

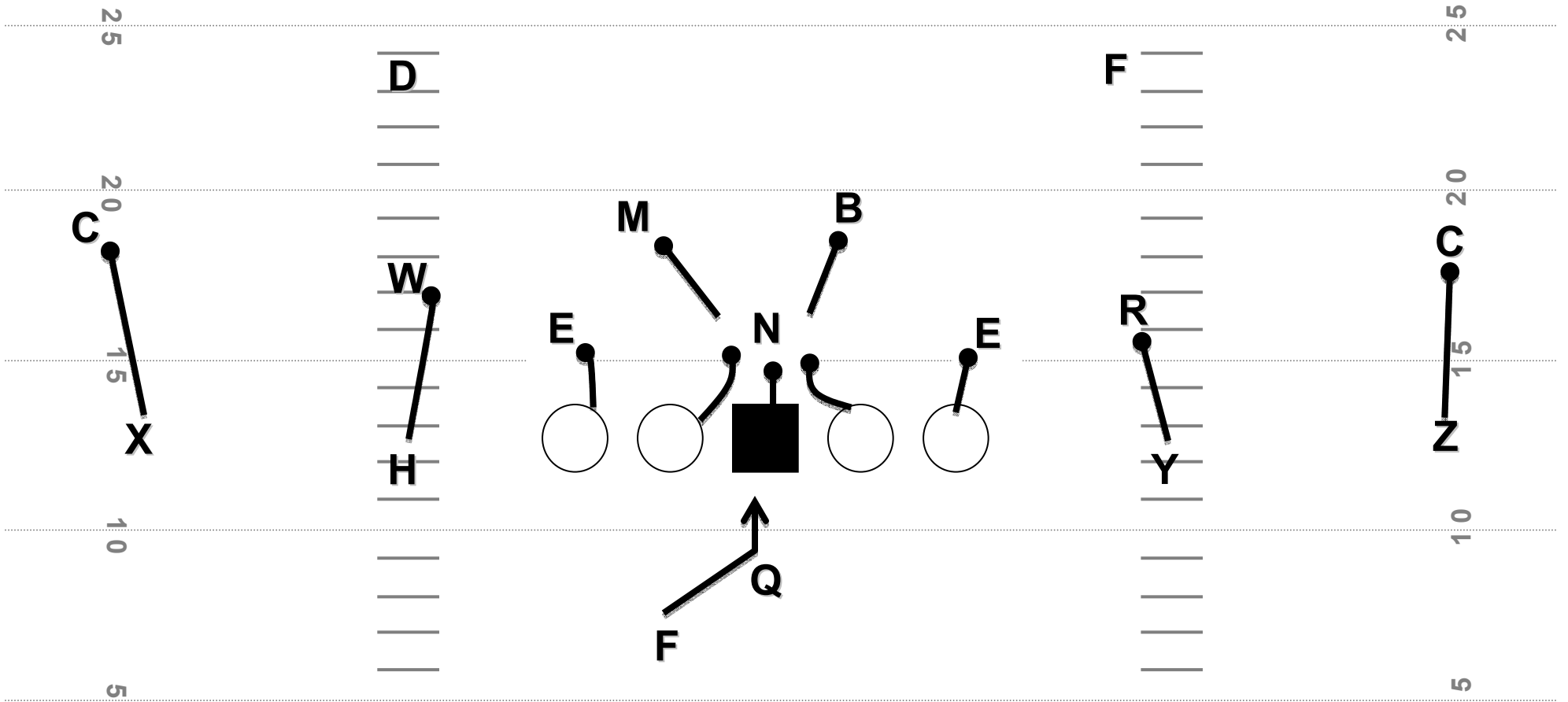
Series	Description
0 - 9	1-Back Zone
10 - 19	Lead Zone
20 - 29	Power Series
30 - 39	Split Flow Zone
40 - 49	Gap & Triple Option

0 & 1

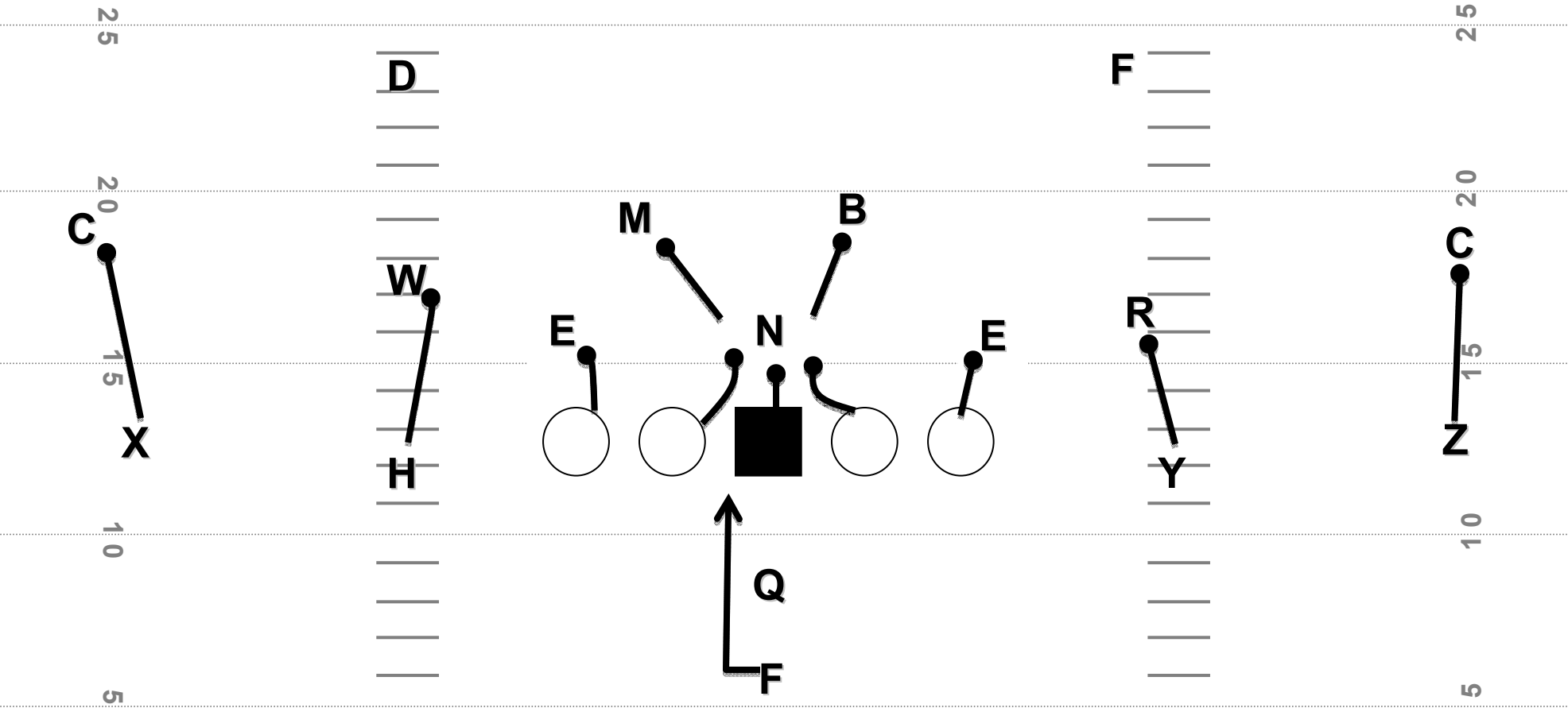
Inside Trap Run triple-teaming the nose guard.

Position	Base Rules
WRs	<ul style="list-style-type: none">▪ Block MDM. Stay alert for bubble/dump tags.
Tackles	<ul style="list-style-type: none">▪ Man on distort out.
Guards	<ul style="list-style-type: none">▪ Uncovered: Zone to the Center to the LB you would block on the “4” or “5” version of the play.▪ Covered: Zone, distort out, expecting no help.▪ Vs. Okie Front: Automatic “pinball” to backside LB.
Center	<ul style="list-style-type: none">▪ Covered: Zone distort with any uncovered Guard.▪ Uncovered: Zone the near DT to playside LB.
F	<ul style="list-style-type: none">▪ Alignment: B-gap and deepen up.▪ Attack angle: Butt of the center. Keep shoulders square. Read Center’s block for bang-bang.
QB	<ul style="list-style-type: none">▪ Hand off ball and boot away.

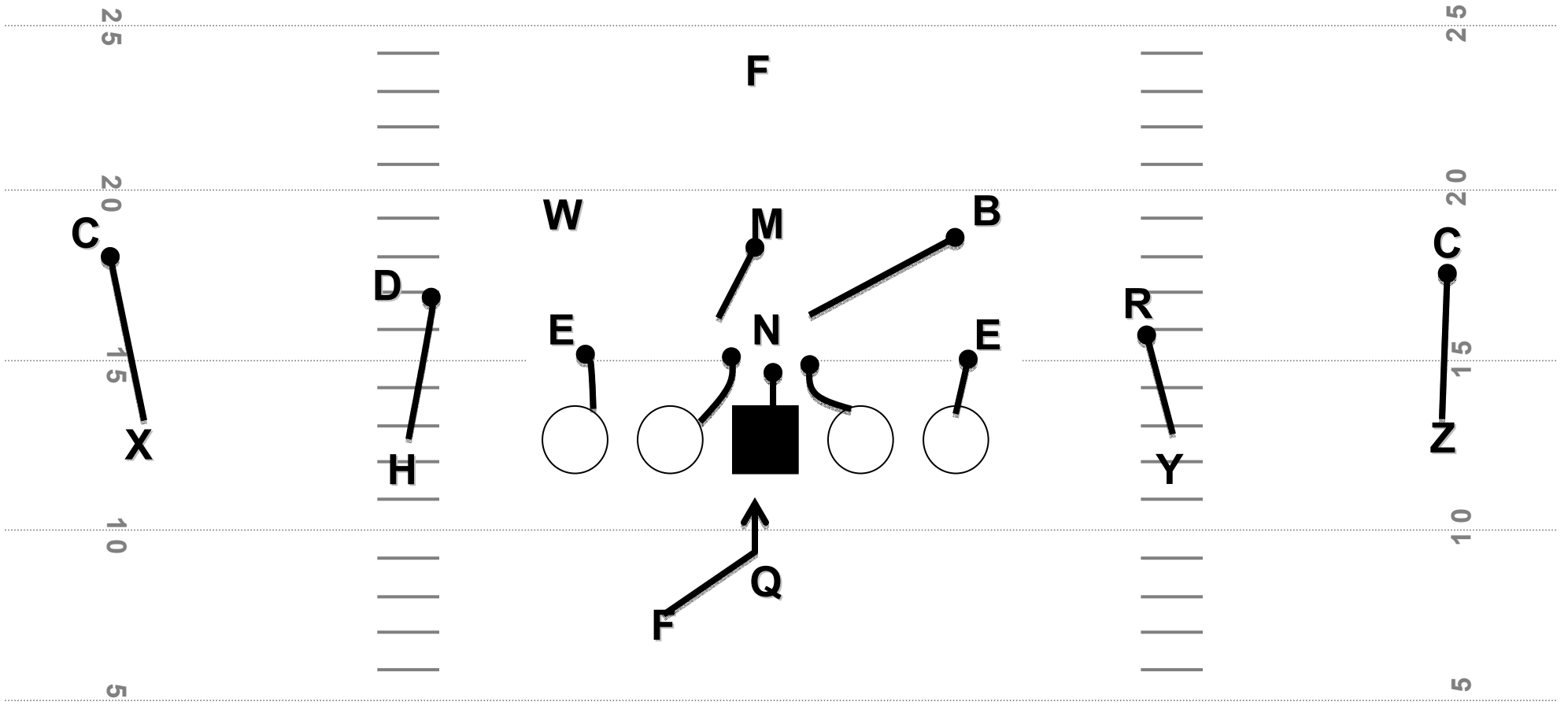
Ace 0 vs 3-4



Pistol Ace 4 vs 3-4



Ace 0 vs Odd Stack

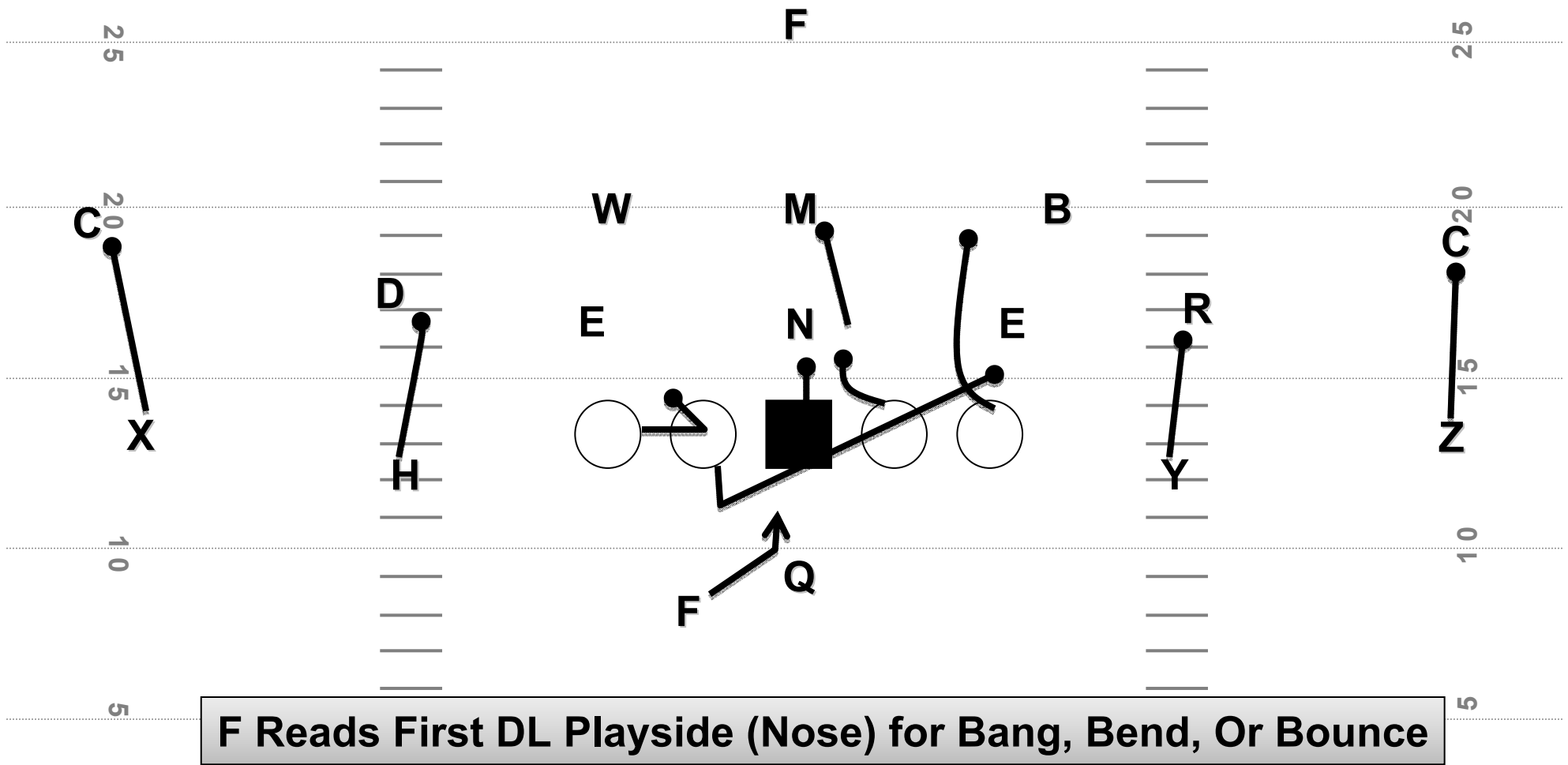


2 & 3

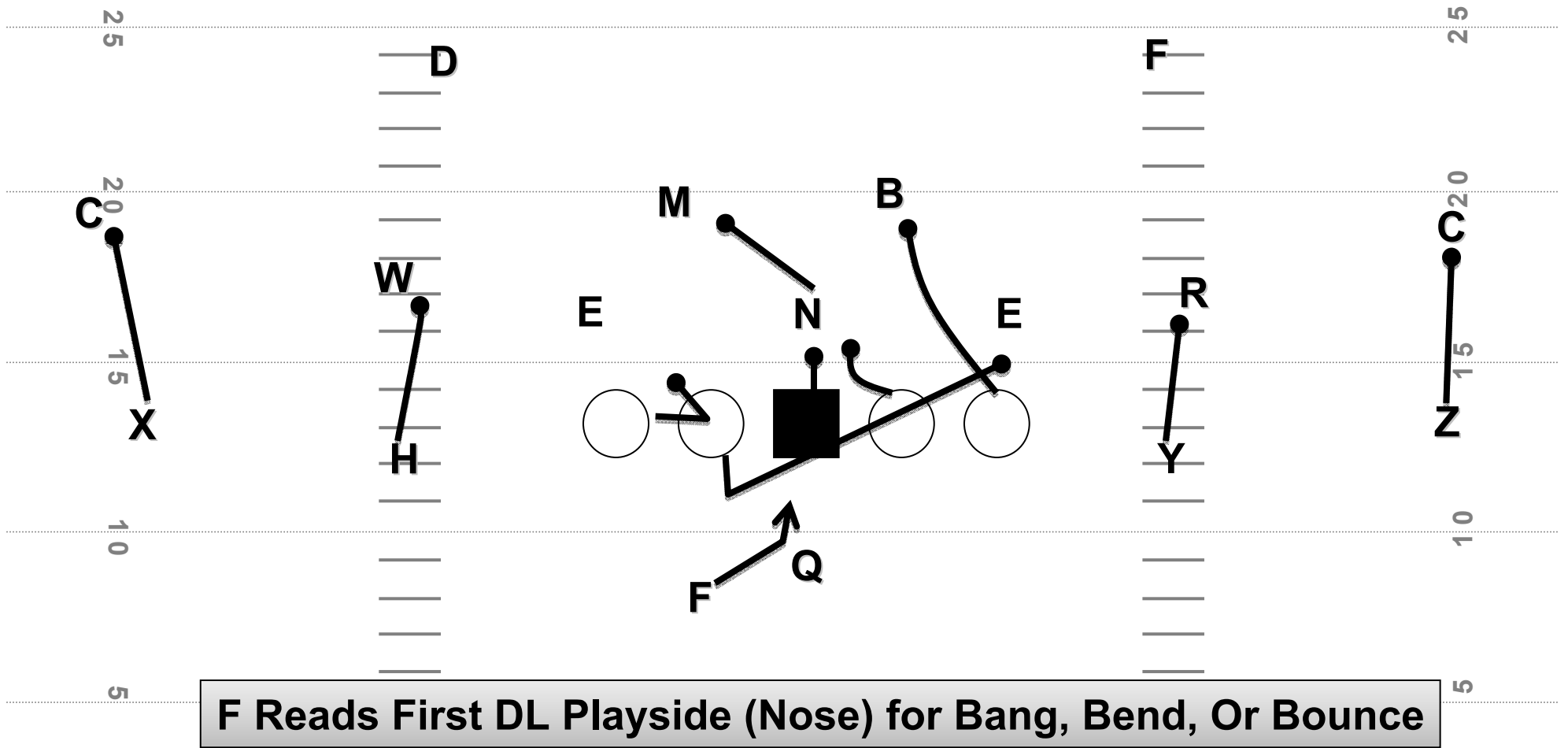
1-back Trap Run, trapping the first DL past playside Guard.

Position	Base Rules
WRs	<ul style="list-style-type: none">▪ Block MDM. Stay alert for bubble tags.
BST	<ul style="list-style-type: none">▪ Pull check (same as backside of Power run).
BSG	<ul style="list-style-type: none">▪ Pull and trap the first DL past the playside Guard.
Center	<ul style="list-style-type: none">▪ Covered: Zone Combo w/ PSG (gap). Gap away. Alert “back-back” vs Bear.▪ Uncovered: Replace covered pulling Guard. Work w/ backside Tackle To combo backside DT & backside LB.
PSG	<ul style="list-style-type: none">▪ Uncovered: Zone to Center. Gap away. Alert “back-back” vs Bear.▪ Covered: Zone Combo w/ PST. (Same as on 5.) Gap away. Expecting the OT to come off LB.▪ We are trapping the first defender outside you.
PST	<ul style="list-style-type: none">▪ Zone as if the backside OT on Zone. Against a 4i DL, easy release over the top to your stack LB.
F	<ul style="list-style-type: none">▪ Alignment: Over Guard, back up a step (same as 0/1).▪ Attack angle: Butt of the Center. Run downhill following BSG on the trap.▪ Pistol: Flat step backside, straight downhill.
QB	<ul style="list-style-type: none">▪ Read the E.M.O.L.O.S. / backside edge for the give/pull, then boot away.▪ Pistol: Open away (same as 22/23).

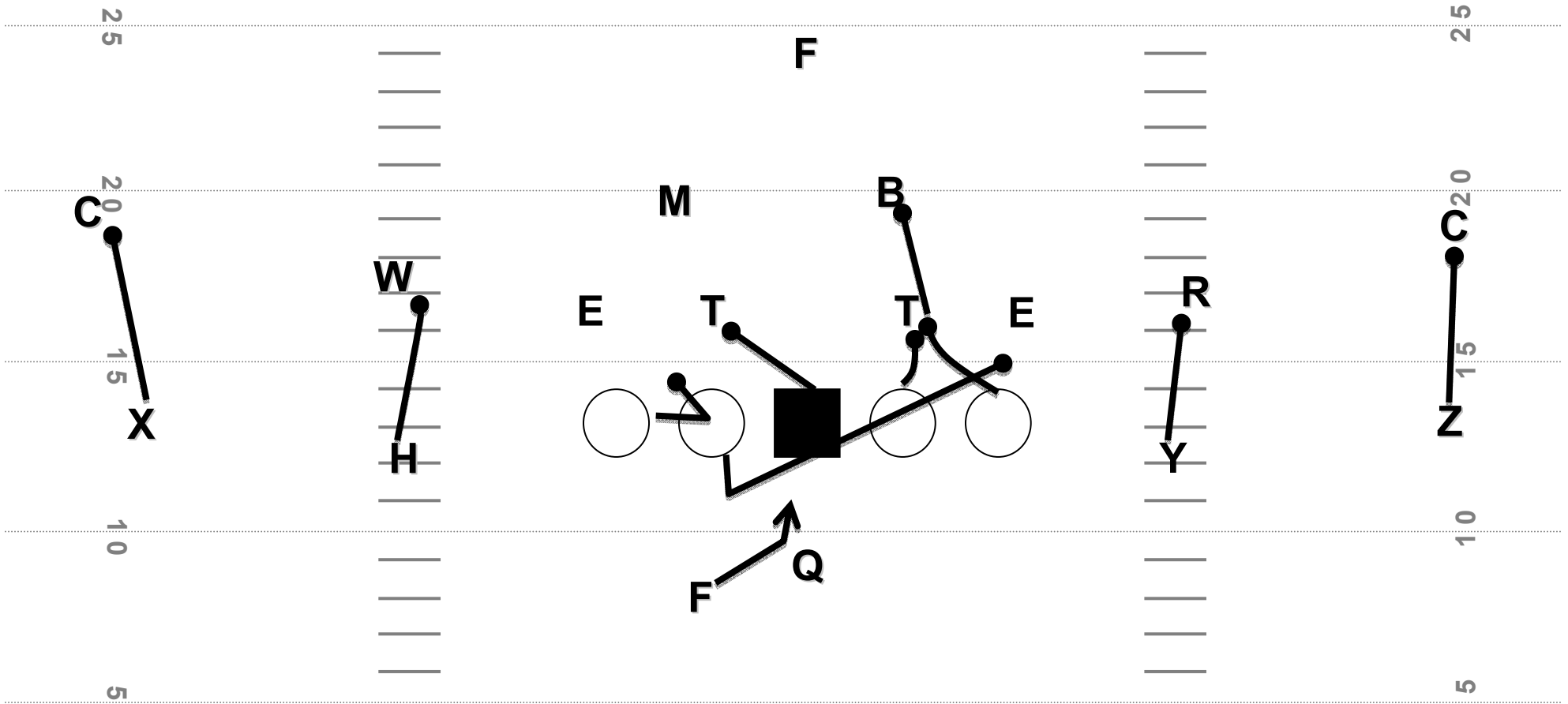
Ace 2 vs 3-5



Ace 2 vs 3-4



Ace 2 vs Even Stack Over



Ace 2 vs Even Stack Shade

